

MSHSL Section 7AAA Championships

Forest Lake HS - 5/31/2023 to 6/2/2023

Men - Class AAA - Team Rankings - 18 Events Scored

1) Blaine	196.50	2) Coon Rapids	125
3) Andover	120	4) Anoka	114.50
5) Forest Lake	105	6) Centennial	103
7) Cambridge-Isanti	91	8) Duluth East	55

Boys 100 Meter Dash Class AAA

9 Advance: Top 1 Each Heat plus Next 6 Best Times
Section: S 10.50 1970 Mark Lutz, Rochester Mayo
10.91 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind	H#			
Preliminaries									
1	Trystan	Green	10	Centennial	11.32	11.37Q	NWI	1	
2	Cameron	Begalle	10	Andover	11.33	11.42Q	NWI	2	
3	Westin	Hoyt	12	Forest Lake	11.00	11.49Q	NWI	3	
4	Levi	Moore	12	Andover	11.27	11.45q	NWI	2	
5	Michael	Douglas	11	Blaine	11.32	11.55q	NWI	1	
6	Obe	Eyafe	11	Andover	11.40	11.60q	NWI	3	
7	Yaya	Sibide	12	Coon Rapids	11.53	11.66q	NWI	1	
8	Landon	Habben	12	Anoka	11.50	11.67q	NWI	2	11.668
9	Jamareon	Douglas	10	Blaine	11.51	11.67q	NWI	1	11.670
10	Kingston	Davies	12	Blaine	11.80	11.81	NWI	1	
11	Zachary	Sidibe-Welch	10	Anoka	11.84	11.85	NWI	1	11.841
12	Jake	Deeb	12	Forest Lake	11.77	11.85	NWI	2	11.844
13	Michael	Dick	11	Coon Rapids	11.64	11.93	NWI	3	
14	Samuel	Cordie	11	Forest Lake	11.57	12.05	NWI	2	
15	John	Ramberg	12	Duluth East	11.71	12.10	NWI	3	
16	Jaden	Lilly	10	Centennial	12.14	12.24	NWI	1	
17	Cole	Arneson	9	Cambridge-Is	11.84	12.27	NWI	2	12.264
18	Aiden	Persing	11	Centennial		12.27	NWI	2	12.269
19	Dwayne	Peterson	11	Cambridge-Is	11.40	12.35	NWI	3	12.341
20	Bennett	Overbye	11	Anoka	11.94	12.35	NWI	2	12.348
21	Max	Hedger	9	Duluth East	11.90	12.47	NWI	3	
22	Preston	Dallek	10	Duluth East	12.33	12.55	NWI	1	
23	Parker	Myhr	10	Cambridge-Is	11.86	12.56	NWI	3	
--	Kingsley	Freeman	12	Coon Rapids		DNS	NWI	3	

Boys 100 Meter Dash Class AAA

Section: S 10.50 1970 Mark Lutz, Rochester Mayo
10.91 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points		
Finals								
1	Westin	Hoyt	12	Forest Lake	11.49	10.92	1.2	12
2	Trystan	Green	10	Centennial	11.37	10.96	1.2	10
3	Cameron	Begalle	10	Andover	11.42	11.02	1.2	8
4	Levi	Moore	12	Andover	11.45	11.03	1.2	6
5	Jamareon	Douglas	10	Blaine	11.67	11.07	1.2	5
6	Obe	Eyafe	11	Andover	11.60	11.08	1.2	4
7	Michael	Douglas	11	Blaine	11.55	11.09	1.2	3
8	Landon	Habben	12	Anoka	11.67	11.17	1.2	2
9	Yaya	Sibide	12	Coon Rapids	11.66	11.23	1.2	1

Boys 200 Meter Dash Class AAA

9 Advance: Top 1 Each Heat plus Next 6 Best Times
Section: S 21.00 1970 Mark Lutz, Rochester Mayo
22.03 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind	H#		
Preliminaries								
1	Tyce	Smith	12	Blaine	22.34	22.98Q	NWI	2

2	Landon Habben	12	Anoka	23.16	23.09Q	NWI	3	
3	Michael Olomiyete	11	Blaine	22.97	23.11Q	NWI	1	
4	Isaiah Tandoh	11	Centennial	21.91	23.10q	NWI	3	
5	Samuel Zeresenay	12	Centennial	23.44	23.12q	NWI	1	
6	Gavin Moore	10	Centennial	23.00	23.25q	NWI	1	
7	Reggie Davis	12	Coon Rapids	23.17	23.39q	NWI	3	
8	Grant Neururer	11	Forest Lake	23.08	23.45q	NWI	2	
9	Richard Walker	12	Andover	23.65	23.58q	NWI	3	
10	Logan Luckas	12	Anoka	23.50	23.76	NWI	1	
11	Joseph Hauge	10	Coon Rapids	23.76	23.82	NWI	3	
12	Samuel Cordie	11	Forest Lake	23.33	23.89	NWI	2	
13	John Ramberg	12	Duluth East	24.08	23.92	NWI	3	
14	Austin Begalle	11	Andover	23.90	24.11	NWI	1	
15	Samuel Shaughnessy	10	Blaine	23.61	24.19	NWI	2	24.188
16	Lance Hill	10	Coon Rapids	23.78	24.19	NWI	2	24.190
17	Jacob Danielson	12	Anoka	24.74	24.32	NWI	1	
18	Donovin Wittenberg	10	Duluth East	23.94	24.45	NWI	2	
19	Dwayne Peterson	11	Cambridge-Is	24.18	24.47	NWI	3	
20	Nicholas Mahnke	10	Forest Lake	24.37	24.68	NWI	2	
21	Keegan Evans	11	Andover	24.47	24.72	NWI	1	
22	Tori Tempesta	10	Cambridge-Is	23.89	25.04	NWI	1	
23	Cole Arneson	9	Cambridge-Is	24.94	25.05	NWI	2	
24	Preston Dallek	10	Duluth East	25.87	25.09	NWI	3	

Boys 200 Meter Dash Class AAA

Section: S 21.00 1970 Mark Lutz, Rochester Mayo							
22.03 QUAL State Qualifier							
Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Tyce Smith	12	Blaine	22.98	22.28	-0.8	12
2	Michael Olomiyete	11	Blaine	23.11	22.56	-0.8	10
3	Isaiah Tandoh	11	Centennial	23.10	22.69	-0.8	8
4	Landon Habben	12	Anoka	23.09	22.76	-0.8	6
5	Samuel Zeresenay	12	Centennial	23.12	22.83	-0.8	5
6	Reggie Davis	12	Coon Rapids	23.39	22.96	-0.8	4
7	Grant Neururer	11	Forest Lake	23.45	23.00	-0.8	3
8	Gavin Moore	10	Centennial	23.25	23.17	-0.8	2
9	Richard Walker	12	Andover	23.58	23.48	-0.8	1

Boys 400 Meter Dash Class AAA

9 Advance: Top 1 Each Heat plus Next 6 Best Times							
Section: S 47.90 1970 Mark Lutz, Rochester Mayo							
49.54 QUAL State Qualifier							
Name	Year	School	Seed	Prelims	H#		
Preliminaries							
1	Tyce Smith	12	Blaine	48.20	49.44QQUAL		3
2	Tyvon Williams	12	Cambridge-Is	50.16	50.51Q		1
3	Jacob Mayer	12	Forest Lake	49.34	51.51Q		2
4	Thomas Radtke	11	Anoka	50.66	50.83q		1
5	Edward Mills	11	Blaine	52.47	51.47q		3
6	Jacob Podratz	11	Centennial	51.39	51.75q		2
7	Aaron Peterson	9	Anoka	52.17	51.88q		3
8	Jerry Freeman	11	Coon Rapids	52.52	52.07q		2
9	Nolan Potvien	10	Andover	52.79	52.24q		1
10	Donovin Wittenberg	10	Duluth East	52.63	52.56		1
11	Charles Rohrbaugh	12	Blaine	52.84	52.90		2
12	Carnell Robinson	10	Coon Rapids	52.86	53.32		3
13	Chad Adler	11	Coon Rapids	54.29	53.46		2
14	Alexander Persing	10	Centennial	53.91	53.63		1
15	Wyatt Rothrum	10	Anoka	54.15	54.52		1
16	Thomas Travers	12	Forest Lake	53.45	54.55		3
17	Maxwell Johnson	10	Centennial	54.69	54.86		2
18	Noah Dunlap	11	Forest Lake	54.41	54.93		3
19	Brody Estrada	9	Cambridge-Is	54.34	55.20		3
20	Paul Aminga	12	Andover	53.87	55.30		2
21	Joey Gustafson	9	Duluth East	56.91	57.01		2

22 Ron Garaghty	11 Cambridge-Is	56.75	57.31	1
23 Luke DesCombaz	11 Duluth East	58.35	58.29	3
-- Samuel Audette	10 Andover	55.92	DNS	1

Boys 400 Meter Dash Class AAA

Section: S 47.90 1970 Mark Lutz, Rochester Mayo				
49.54 QUAL State Qualifier				
Name	Year School	Prelims	Finals	Points
Finals				
1 Tyce Smith	12 Blaine	49.44	48.30 QUAL	12
2 Tyvion Williams	12 Cambridge-Is	50.51	49.40 QUAL	10
3 Jacob Mayer	12 Forest Lake	51.51	49.63	8
4 Edward Mills	11 Blaine	51.47	50.99	6
5 Jacob Podratz	11 Centennial	51.75	51.02	5
6 Jerry Freeman	11 Coon Rapids	52.07	51.38	4
7 Thomas Radtke	11 Anoka	50.83	51.39	3
8 Aaron Peterson	9 Anoka	51.88	51.69	2
9 Nolan Potvien	10 Andover	52.24	52.27	1

Boys 800 Meter Run Class AAA

9 Advance: Top 1 Each Heat plus Next 6 Best Times				
Section: S 1:53.30 1985 Steve Webber, Simley				
1:56.45 QUAL State Qualifier				
Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Kyan Burns	12 Anoka	2:03.97	2:03.07Q	3
2:03.063				
2 Eli Berg	12 Centennial	2:02.27	2:04.22Q	1
3 Danny Ness	12 Anoka	2:01.70	2:06.89Q	2
4 Logan Hays	11 Forest Lake	2:04.78	2:03.07q	3
2:03.066				
5 Ben Lewis	12 Blaine	1:59.89	2:03.23q	3
6 Evan Koerber	11 Blaine	2:02.07	2:04.47q	1
7 Wyatt Johnson	12 Duluth East	2:06.20	2:06.09q	1
8 Evan Montzka	11 Forest Lake	2:09.63	2:06.24q	3
9 Jack Jendro	11 Andover	2:13.68	2:06.79q	3
10 Landon Milz	11 Cambridge-Is	2:08.58	2:08.58	1
11 Connor Bialka	11 Blaine	2:03.20	2:08.86	2
12 Anders Skarphol	12 Anoka	2:06.79	2:09.40	1
13 Matthew Washburn	12 Centennial	2:05.51	2:11.83	2
14 Addison Kent	12 Duluth East	2:08.84	2:12.58	3
15 Brady Bergman	12 Cambridge-Is	2:12.92	2:12.92	2
16 Mark Kaczmarczyk	12 Duluth East	2:12.58	2:13.23	2
17 Vossen Tyler	10 Coon Rapids	2:10.04	2:13.55	2
18 Cody Nelson	11 Centennial	2:08.68	2:13.87	2
19 Duressa Yoseph	11 Andover	2:13.51	2:14.66	3
20 Jaxon Young	10 Coon Rapids	2:11.67	2:14.90	1
21 Mason Hays	9 Forest Lake	2:13.76	2:17.03	2
22 Connor Bickford	11 Cambridge-Is	2:17.61	2:21.16	1
23 Natnael Kassahun	10 Coon Rapids	2:18.65	2:21.77	1
24 Blake Hinderks	10 Andover	2:22.00	2:22.22	3

Boys 800 Meter Run Class AAA

Section: S 1:53.30 1985 Steve Webber, Simley				
1:56.45 QUAL State Qualifier				
Name	Year School	Prelims	Finals	Points
Finals				
1 Ben Lewis	12 Blaine	2:03.23	2:00.60	12
2 Danny Ness	12 Anoka	2:06.89	2:00.78	10
3 Evan Koerber	11 Blaine	2:04.47	2:02.62	8
4 Eli Berg	12 Centennial	2:04.22	2:03.29	6
5 Kyan Burns	12 Anoka	2:03.07	2:05.17	5
6 Wyatt Johnson	12 Duluth East	2:06.09	2:05.53	4
7 Evan Montzka	11 Forest Lake	2:06.24	2:08.37	3

8 Logan Hays	11 Forest Lake	2:03.07	2:08.63	2
9 Jack Jendro	11 Andover	2:06.79	2:09.65	1

Boys 1600 Meter Run Class AAA

Section: S 4:09.40 1976 Rob Redenbaugh, Rochester John Marshall				
4:17.93 QUAL State Qualifier				
Name	Year School	Seed	Finals	H# Points
1 River Santiago	11 Blaine	4:23.98	4:26.90	2 12
2 Ben Lewis	12 Blaine	4:31.95	4:27.58	2 10
3 Jonas Kennedy	11 Cambridge-Is	4:38.96	4:33.54	2 8
4 Aidan Gomes	11 Andover	4:32.45	4:37.00	2 6
5 Peyton Martinek	12 Coon Rapids	4:38.68	4:37.28	2 5
6 Ethan Wellman	12 Anoka	4:37.82	4:42.57	2 4
7 James McCardle	8 Forest Lake	4:51.41	4:42.58	1 3
8 Jack Jendro	11 Andover	4:57.07	4:45.22	1 2
9 Ryan Houseman	12 Forest Lake	4:48.00	4:46.71	2 1
10 Logan Hays	11 Forest Lake	4:50.63	4:47.63	2
11 John Downs	10 Andover	4:45.54	4:48.90	2
12 Ben Westholm	11 Duluth East	4:37.53	4:50.26	2
13 Dustin Larson	10 Anoka	4:50.16	4:50.30	2
14 Mark Kaczmarczyk	12 Duluth East	4:50.10	4:50.71	2
15 Evan Pouliot	12 Centennial	4:56.98	4:50.90	1
16 Alaric Burroughs	9 Blaine	4:49.18	4:51.07	2
17 Liban Ahmed	9 Centennial	4:51.27	4:51.50	1
18 Talen Greeson	11 Centennial	4:53.12	4:52.76	1
19 Sam Blascyk	11 Duluth East	4:42.46	4:54.33	2
20 Owen James	10 Coon Rapids	4:59.89	4:57.09	1
21 Noah McGovern	11 Cambridge-Is	4:57.67	5:00.01	1
22 Tristen Rothrum	12 Anoka	4:59.84	5:04.59	1
23 Jacob Bustron	9 Cambridge-Is	5:11.77	5:14.67	1
24 Cole Burnett	10 Coon Rapids	5:10.13	5:17.02	1

Boys 3200 Meter Run Class AAA

Section: S 8:57.65 2007 Elliott Heath, Winona				
9:18.82 QUAL State Qualifier				
Name	Year School	Seed	Finals	Points
1 River Santiago	11 Blaine	9:28.36	9:46.84	12
2 Aidan Gomes	11 Andover	9:44.19	10:04.99	10
3 Oliver Miatke	12 Duluth East	10:03.96	10:19.41	8
4 Evan Pouliot	12 Centennial	10:28.00	10:21.14	6
5 Evan Christopherso	11 Blaine	10:20.22	10:23.43	5
6 John Downs	10 Andover	10:14.41	10:27.24	4
7 Peyton Martinek	12 Coon Rapids	10:32.13	10:33.29	3
8 Ryan Houseman	12 Forest Lake	10:35.58	10:35.10	2
9 Mark Goettel	9 Duluth East	10:36.94	10:42.50	1
10 Tyler Bargman	11 Blaine	10:09.51	10:44.40	
11 Ethan Wellman	12 Anoka	10:34.93	10:44.69	
12 Hunter Jacobson	9 Cambridge-Is	10:22.43	10:53.16	
13 Joey Gustafson	9 Duluth East	10:46.25	10:59.94	
14 Wes Catton	12 Cambridge-Is	10:37.49	11:11.57	
15 Caleb Saari	10 Forest Lake	10:57.35	11:17.47	
16 Samuel Gaines	9 Anoka	10:45.99	11:22.16	
17 Justin Bauer	9 Coon Rapids	10:56.20	11:31.30	
18 Peyton Dombek	10 Cambridge-Is	11:01.39	11:38.34	
19 Connor Dow	11 Anoka	11:05.17	11:43.30	
20 Caleb Cullen	11 Coon Rapids	11:30.83	11:45.83	
21 Benjamin Rexeisen	12 Centennial	12:09.28	11:52.69	
22 Logan Sonnek	10 Centennial	11:31.00	12:05.60	
23 Cooper Larson	12 Forest Lake	10:42.71	12:28.85	

Boys 110 Meter Hurdles Class AAA

9 Advance: Top 1 Each Heat plus Next 6 Best Times				
Section: S 14.34 6/1/2022 Blake Nyenati, Andover				
14.82 QUAL State Qualifier				
Name	Year School	Seed	Prelims	Wind H#

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Preliminaries

1	Afanna Ibekwe	10	Anoka	15.33	15.22Q	NWI	2
2	Christopher Dean	12	Coon Rapids	15.52	15.27Q	NWI	1
3	Jackson Smith	12	Coon Rapids	14.98	15.34Q	NWI	3
4	Blake Viesselman	12	Cambridge-Is	15.91	16.03q	NWI	2
5	Micah Wilson	11	Cambridge-Is	15.43	16.09q	NWI	1
6	Edward Fields	12	Andover	15.91	16.10q	NWI	3
7	Elijah Demby	12	Blaine	16.79	16.13q	NWI	3
8	Shae Wyszynski	11	Andover	16.12	16.27q	NWI	2
9	Carl Anderson	11	Andover	16.46	16.62q	NWI	1
10	Zion Desulme	12	Duluth East	16.50	16.89	NWI	2
11	Trey Borchers	10	Anoka	17.09	17.03	NWI	2
12	Pete Saftner	10	Duluth East	17.04	17.09	NWI	3
13	Jaylen Hierlinger	12	Blaine	16.05	17.16	NWI	3
14	Justin Sworr	10	Blaine	17.30	17.19	NWI	1
15	Logan Johnson	10	Forest Lake	17.88	17.92	NWI	2
16	Riley Wilson	11	Cambridge-Is	16.24	17.94	NWI	1
17	Augustine Moran	9	Anoka	18.17	18.04	NWI	3
18	Tyler Walters	11	Forest Lake	17.78	18.30	NWI	1
19	Avery Hoole	10	Duluth East	19.16	19.24	NWI	3
20	Eliot Shepard	9	Centennial	19.84	20.04	NWI	2
21	Jeremiah Sisk	9	Centennial	20.33	20.14	NWI	1
22	Jackson Christenson	11	Forest Lake	22.76	20.24	NWI	1
--	Kingsley Freeman	12	Coon Rapids		DNS	NWI	2

Boys 110 Meter Hurdles Class AAA

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Section: S 14.34 6/1/2022 Blake Nyenati, Andover
14.82 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points
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Finals

1	Christopher Dean	12	Coon Rapids	15.27	14.69 QUAL	0.5	12
2	Jackson Smith	12	Coon Rapids	15.34	14.94	0.5	10
3	Afanna Ibekwe	10	Anoka	15.22	15.05	0.5	8
4	Blake Viesselman	12	Cambridge-Is	16.03	15.47	0.5	6 15.463
5	Shae Wyszynski	11	Andover	16.27	15.47	0.5	5 15.468
6	Edward Fields	12	Andover	16.10	15.56	0.5	4
7	Micah Wilson	11	Cambridge-Is	16.09	15.86	0.5	3
8	Carl Anderson	11	Andover	16.62	16.15	0.5	2
9	Elijah Demby	12	Blaine	16.13	16.38	0.5	1

Boys 300 Meter Hurdles Class AAA

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9 Advance: Top 1 Each Heat plus Next 6 Best Times

Section: S 37.95 6/3/2022 Blake Nyenati, Andover
39.44 QUAL State Qualifier

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Christopher Dean	12	Coon Rapids	40.39	39.86Q	2	
2	Reid Olson	11	Forest Lake	40.06	40.14Q	3	
3	Shae Wyszynski	11	Andover	40.66	41.50Q	1	
4	Gordy Lawson	12	Cambridge-Is	40.57	42.05q	1	
5	Josh Foley	12	Cambridge-Is	41.36	42.09q	3	
42.083	6	Edward Fields	12	Andover	42.42	42.09q	3
42.090	7	Keagan Zeidler	12	Forest Lake	40.72	42.14q	2
	8	Trey Borchers	10	Anoka	42.71	42.33q	2
	9	Zion Desulme	12	Duluth East	43.00	42.77q	2
	10	Jaylen Hierlinger	12	Blaine	42.97	42.94	1
	11	Justin Sworr	10	Blaine	43.71	43.08	3
	12	Blake Viesselman	12	Cambridge-Is	42.83	43.26	1
	13	Matthew Rivera	9	Blaine	43.88	43.66	1
	14	Jarrett Moore	11	Coon Rapids	43.83	44.19	2
	15	Pete Saftner	10	Duluth East	43.55	44.67	3
	16	Tyler Walters	11	Forest Lake	44.55	45.31	2
	17	Lukas Andrle	11	Centennial	44.35	45.34	1

18	Augustine Moran	9	Anoka	45.30	45.43	3
19	Carl Anderson	11	Andover	46.64	46.19	2
20	Charles Wills	11	Centennial	45.19	46.95	3
21	Nehemiah Kue	11	Coon Rapids	47.35	47.73	1
22	Tyler Celotta	11	Centennial	46.94	48.28	1
23	Paavo Rova	11	Duluth East	48.57	49.94	2

Boys 300 Meter Hurdles Class AAA

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Section: S 37.95 6/3/2022 Blake Nyenati, Andover						
39.44 QUAL State Qualifier						
Name	Year	School	Prelims	Finals		Points
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Finals						
1	Christopher Dean	12	Coon Rapids	39.86	39.08 QUAL	12
2	Reid Olson	11	Forest Lake	40.14	39.73	10
3	Shae Wyszynski	11	Andover	41.50	40.33	8
4	Keagan Zeidler	12	Forest Lake	42.14	40.39	6
5	Gordy Lawson	12	Cambridge-Is	42.05	40.71	5
6	Edward Fields	12	Andover	42.09	40.73	4
7	Josh Foley	12	Cambridge-Is	42.09	41.18	3
8	Zion Desulme	12	Duluth East	42.77	42.51	2
9	Trey Borchers	10	Anoka	42.33	43.05	1

Boys 4x100 Meter Relay Class AAA

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Section: S 42.49 6/3/2022 Forest Lake, Forest Lake						
G Rustad, C Brisbois, N Bartlett, W Hoyt						
42.81 QUAL State Qualifier						
School			Seed	Finals		Points
=====						
1	Coon Rapids		42.73	42.24SQUAL		12
	1) Sean Sullivan 12	2) Yaya Sibide 12				
	3) Reggie Davis 12	4) KhiJohn Cummings 11				
2	Andover		43.00	42.95		10
	1) Michael Robertson 12	2) Cameron Begalle 10				
	3) Richard Walker 12	4) Obe Eyafe 11				
3	Blaine		43.07	43.41		8
	1) Jamareon Douglas 10	2) Kingston Davies 12				
	3) Michael Olomiyete 11	4) Michael Douglas 11				
4	Anoka		43.84	43.51		6
	1) Zachary Sidibe-Welch 10	2) Landon Habben 12				
	3) Afanna Ibekwe 10	4) Praise Jibunor 12				
5	Centennial		43.72	43.69		5
	1) Trystan Green 10	2) Jaden Lilly 10				
	3) Isaiah Tandoh 11	4) Samuel Zeresenay 12				
6	Forest Lake		44.06	44.06		4
	1) Trystian Miller 12	2) Westin Hoyt 12				
	3) Jake Deeb 12	4) Braycen Johnson 11				
7	Cambridge-Isanti		45.90	45.98		3
	1) Parker Myhr 10	2) Tori Tempesta 10				
	3) Cole Arneson 9	4) Anders Lillemo 9				
8	Duluth East		45.98	47.81		2
	1) Max Hedger 9	2) Preston Dallek 10				
	3) Theo Larson 9	4) Aidan Hoeschen Ehrbright 9				

Boys 4x200 Meter Relay Class AAA

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Section: S 1:28.12 6/3/2022 Forest Lake, Forest Lake						
G Rustad, N Bartlett, R Olson, C Brisbois						
1:28.58 QUAL State Qualifier						
School			Seed	Finals		Points
=====						
1	Blaine		1:29.41	1:28.59		12
	1) Edward Mills 11	2) Michael Douglas 11				
	3) Michael Olomiyete 11	4) Tyce Smith 12				
2	Forest Lake		1:28.98	1:29.04		10
	1) Keagan Zeidler 12	2) Grant Neururer 11				
	3) Reid Olson 11	4) Jacob Mayer 12				
3	Andover		1:30.83	1:30.15		8

1) Levi Moore 12	2) Cameron Begalle 10		
3) Richard Walker 12	4) Obe Eyafe 11		
4 Cambridge-Isanti	1:31.64	1:31.69	6
1) Kobe Karels 12	2) Josh Foley 12		
3) Michael Williams 11	4) Tyvion Williams 12		
5 Centennial	1:33.00	1:32.89	5
1) Trystan Green 10	2) Aiden Persing 11		
3) Gavin Moore 10	4) Isaiah Tandoh 11		
6 Anoka	1:33.14	1:33.79	4
1) Logan Luckas 12	2) Jacob Danielson 12		
3) Nicholas Jandro 11	4) I'Zaiah Gadegbeku 12		
7 Duluth East	1:32.73	1:35.13	3
1) John Ramberg 12	2) Zion Desulme 12		
3) Joe Sylvester 8	4) Max Hedger 9		
-- Coon Rapids	1:30.34	DQ	Rule 5-10-6
(2-3)			
1) Sean Sullivan 12	2) Yaya Sibide 12		
3) Reggie Davis 12	4) KhiJohn Cummings 11		

Boys 4x400 Meter Relay Class AAA

Section: S 3:20.90 1974 Rochester John Marshall, Rochester John Ma			
3:23.67 QUAL State Qualifier			
School	Seed	Finals	Points
1 Forest Lake	3:24.36	3:24.02	12
1) Keagan Zeidler 12	2) Reid Olson 11		
3) Braycen Johnson 11	4) Jacob Mayer 12		
2 Cambridge-Isanti	3:31.93	3:24.18	10
1) Tyvion Williams 12	2) Josh Foley 12		
3) Michael Williams 11	4) Kobe Karels 12		
3 Centennial	3:27.27	3:24.84	8
1) Eli Berg 12	2) Charles Bolkcom 12		
3) Jacob Podratz 11	4) Samuel Zeresenay 12		
4 Coon Rapids	3:31.98	3:25.53	6
1) Jackson Smith 12	2) Chad Adler 11		
3) Christopher Dean 12	4) Jerry Freeman 11		
5 Blaine	3:29.91	3:30.60	5
1) Edward Mills 11	2) Ethan Carr 11		
3) Jaylen Hierlinger 12	4) Charles Rohrbaugh 12		
6 Anoka	3:26.79	3:32.03	4
1) Aaron Peterson 9	2) Danny Ness 12		
3) Wyatt Rothrum 10	4) Thomas Radtke 11		
7 Duluth East	3:31.61	3:35.04	3
1) Donovin Wittenberg 10	2) Pete Saftner 10		
3) Ben Westholm 11	4) Addison Kent 12		
8 Andover	3:36.26	3:41.54	2
1) Shae Wyszynski 11	2) Edward Fields 12		
3) Paul Aminga 12	4) Nolan Potvien 10		

Boys 4x800 Meter Relay Class AAA

Section: S 7:47.58 2006 Lakeville North, Lakeville North			
8:00.66 QUAL State Qualifier			
School	Seed	Finals	Points
1 Centennial	8:14.04	8:07.51	12
1) Eli Berg 12	2) Jacob Podratz 11		
3) Charles Bolkcom 12	4) Kavan Johnson 12		
2 Duluth East	8:21.04	8:11.03	10
1) Sam Blascyk 11	2) Oliver Miatke 12		
3) Wyatt Johnson 12	4) Ben Westholm 11		
3 Blaine	8:18.11	8:35.28	8
1) Connor Bialka 11	2) Nathan Taylor 11		
3) Jack Zellmer 9	4) Evan Koerber 11		
4 Andover	8:42.89	8:43.18	6
1) Carter Stevens 10	2) Lukas Widmark 11		
3) Duressa Yoseph 11	4) Nolan Potvien 10		
5 Cambridge-Isanti	8:44.06	8:45.08	5
1) Landon Milz 11	2) Peyton Dombek 10		

3) Connor Bickford 11	4) Noah McGovern 11		
6 Forest Lake	8:32.00	8:49.31	4
1) Evan Montzka 11	2) Thomas Travers 12		
3) Mason Hays 9	4) Cooper Larson 12		
7 Coon Rapids	9:02.77	9:13.73	3
1) Vossen Tyler 10	2) Justin Bauer 9		
3) Albi (Alberto) Ludwig 10	4) Natnael Kassahun 10		
-- Anoka	8:16.14	DQ	Rule 4-6-5a
(R4)			
1) Danny Ness 12	2) Anders Skarphol 12		
3) Dustin Larson 10	4) Kyan Burns 12		

Boys High Jump Class AAA

Section: S 6-10 1973 Rod Raver, Rochester John Marshall										
6-03.00 QUAL State Qualifier										
Name	Year	School	Seed	Finals	Points					
1 Jackson Smith	12	Coon Rapids	6-06.00	6-03.00 QUAL	12					
5-05 5-07 5-09 5-11 6-00 6-01 6-02 6-03 6-04 6-05										
PPP PPP PPP PPP PPP O PPP O PPP XXX										
2 Christopher Dean	12	Coon Rapids	6-04.00	6-03.00 QUAL	10					
5-05 5-07 5-09 5-11 6-00 6-01 6-02 6-03 6-04 6-05										
PPP PPP PPP O O PPP PPP XO PPP XXX										
3 Levi Moore	12	Andover	6-00.00	6-01.00	8					
5-05 5-07 5-09 5-11 6-00 6-01 6-02 6-03										
PPP XO XO O PPP XO PPP XXX										
4 Praise Jibunor	12	Anoka	6-04.00	6-01.00	6					
5-05 5-07 5-09 5-11 6-00 6-01 6-02 6-03										
PPP XO O XO PPP XXO PPP XXX										
5 Isaiah Salami	9	Anoka	6-02.00	5-11.00	4.50					
5-05 5-07 5-09 5-11 6-00 6-01										
PPP O O O PPP XXX										
5 Tyce Smith	12	Blaine	6-05.00	5-11.00	4.50					
5-05 5-07 5-09 5-11 6-00 6-01										
PPP PPP PPP O PPP XXX										
7 Cal Droubie	11	Cambridge-Is	6-00.00	5-11.00	3					
5-05 5-07 5-09 5-11 6-00 6-01										
O O O XO PPP XXX										
8 Luke Heald	12	Forest Lake	5-10.00	5-09.00	2					
5-05 5-07 5-09 5-11										
O O O XXX										
9 Zughumnan Zillang	11	Blaine	6-00.00	5-09.00	1					
5-05 5-07 5-09 5-11										
PPP PPP XO XXX										
10 Brady Bergman	12	Cambridge-Is	5-08.00	5-09.00						
5-05 5-07 5-09 5-11										
O XO XO XXX										
11 Sean Sullivan	12	Coon Rapids	5-10.00	5-09.00						
5-05 5-07 5-09 5-11										
PPP XXO XO XXX										
12 Shiloh Ayitey	9	Blaine	6-02.00	5-09.00						
5-05 5-07 5-09 5-11										
PPP O XXO XXX										
13 Evan Bitengo	11	Anoka	5-08.00	5-07.00						
5-05 5-07 5-09										
O O XXX										
14 Amadou Bangoura	10	Andover	5-02.00	5-05.00						
5-05 5-07										
O XXX										
15 Joe Sylvester	8	Duluth East	5-08.00	5-05.00						
5-05 5-07										
XO XXX										
-- Logen Chouinard	12	Forest Lake	5-04.00	NH						
5-05										
XXX										
-- Xander Zuech	9	Duluth East		NH						
5-05										
XPP										
-- Samuel Ashbaugh	12	Duluth East	5-02.00	NH						

XXX
 -- Matthew Sweet 11 Andover 11-00.00 NH
 10-04
 XXX
 -- Nathan Haglund 10 Andover 11-00.00 NH
 10-04
 XXX
 -- Mitchell Babineau 11 Blaine 11-00.00 NH
 10-04
 XXX

Boys Long Jump Class AAA

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Section: S 23-10.75 2000      Andrw Newman, Eastview
          21-09.00  QUAL State Qualifier
Name      Year School      Seed      Finals      Wind H# Points
=====
1 Maurice Counce 11 Andover      20-02.00  22-08.50 QUAL  2.6 3 12
  20-11(2.0) 22-08.50(2.6) FOUL  22-01(1.4) 21-03.50(1.0) PASS
2 Aloysius Nyapan 11 Coon Rapids  21-09.50  22-04.50 QUAL  1.4 3 10
  20-07.50(2.6) 21-04.50(2.1) 22-04.50(1.4) 20-09.50(1.9) FOUL  20-07.50(0.9)
3 Praise Jibunor 12 Anoka        22-09.00  22-01.50 QUAL  2.3 3 8
  22-01.50(2.3) 20-00.50(1.6) PASS  PASS  PASS  PASS
4 Sean Sullivan 12 Coon Rapids  20-05.00  21-06.00  2.6 3 6
  20-11.25(1.1) 19-09.50(1.3) 21-06(2.6) 20-07(1.1) 20-09.50(1.3) 21-06(0.8)
5 Shae Wyszynski 11 Andover      20-05.50  21-05.00  2.5 3 5
  19-09(2.8) 20-00.25(1.3) 21-01.50(1.9) FOUL  21-05(2.5) 20-09(1.5)
6 Jackson Smith 12 Coon Rapids  21-07.00  21-00.50  1.4 3 4
  20-01.50(2.7) 20-10(1.8) ND(NWI) 21-00.50(1.4) 20-11(2.0) 20-07.50(2.5)
7 Logan Luckas 12 Anoka        19-11.50  20-11.50  1.7 2 3
  20-10.50(1.8) 20-11.50(1.7) FOUL  18-10(2.1) FOUL  20-04(1.9)
8 Luke Heald 12 Forest Lake  19-11.75  20-11.25  0.9 2 2
  FOUL  20-11.25(0.9) 19-11.50(1.4) 19-02(1.9) 20-00(1.5) 20-01.25(1.9)
9 Nshangji Zillang 9 Blaine        19-08.25  20-10.25  1.2 2 1
  20-10.25(1.2) 18-08(2.5) 19-08.50(2.2) 19-04(1.6) FOUL  FOUL
10 Levi Moore 12 Andover      21-04.00  20-07.00  1.9 3
  19-08.50(2.5) 20-07(1.9) 19-06.50(2.8) 19-05(2.3) 19-08.25(1.0) 18-01.50(1.3)
11 Dylan Strom 11 Centennial  17-03.00  20-00.00  1.2 1
  19-04(0.3) FOUL  20-00(1.2)
12 Joe Sylvester 8 Duluth East  18-04.00  19-11.00  0.4 1
  19-11(0.4) 19-08.25(1.8) 19-01(1.7)
13 Kamden Leithesier 10 Blaine      18-06.75  19-06.00  1.6 2
  FOUL  FOUL  19-06(1.6)
14 Prince Daye 11 Blaine      20-00.25  19-03.00  3.5 2
  FOUL  18-07(3.8) 19-03(3.5)
15 Max Meyer 11 Forest Lake  17-09.75  19-00.00  0.1 1
  FOUL  19-00(0.1) FOUL
16 Calvin Pleischer 9 Cambridge-Is  18-07.75  18-02.50  2.7 2
  FOUL  18-02.50(2.7) FOUL
17 Pete Saftner 10 Duluth East  15-08.00  18-02.00  0.7 1
  17-08(0.4) 17-03(0.7) 18-02(0.7)
18 Logen Chouinard 12 Forest Lake  18-06.25  17-08.00  0.9 1
  17-07.50(0.2) 17-08(0.9) 17-05(1.6)
19 Fnan Zeresenay 10 Centennial  16-04.25  17-06.00  0.2 1
  FOUL  16-11(0.2) 17-06(0.2)
20 Kirubel Woldehana 11 Centennial  17-02.50  17-02.50  0.6 1
  FOUL  17-02.50(0.6) FOUL
21 Caleb Prosper 11 Anoka        19-04.00  16-11.00  2.6 2
  FOUL  FOUL  16-11(2.6)
22 Xander Zuech 9 Duluth East  15-08.00  14-09.50  0.2 1
  14-04.50(0.4) 14-09.50(0.2) 14-08(1.5)
-- Emerson Droubie 10 Cambridge-Is  20-07.50  DNS  NWI 3
-- Chris Williams 11 Cambridge-Is  19-11.25  DNS  NWI 2
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Boys Triple Jump Class AAA

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Section: S 46-07.75 2000      Dan krenznel, Apple Valley
          44-01.00  QUAL State Qualifier
Name      Year School      Seed      Finals      Wind H# Points
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1	Isaiah Salami	9	Anoka	42-10.00	44-04.00	QUAL	1.5	3	12
	44-04(1.5)	43-02.50(1.0)	43-00(1.3)	PASS	PASS	PASS			
2	Joe Sylvester	8	Duluth East	39-10.50	42-03.75		2.3	3	10
	42-03.75(2.3)	42-00(0.7)	41-08(1.1)	41-10.25(1.7)	42-02.50(1.7)	41-09.50(1.5)			
3	Dylan Strom	11	Centennial	40-00.50	41-09.75		2.6	3	8
	40-03.50(0.7)	41-06.50(2.8)	FOUL	41-00.75(1.4)	41-09.75(2.6)	41-09.50(0.9)			
4	Gerald Ferguson	11	Blaine	40-09.50	41-00.00		1.8	3	6
	39-06.75(0.4)	40-11.50(0.9)	40-07.50(+0.0)	41-00(1.8)	40-02(0.2)	40-06(0.3)			
5	Prince Daye	11	Blaine	42-00.75	40-08.00		0.8	3	5
	39-08.50(1.2)	40-08(0.8)	39-09(0.4)	FOUL	37-06.25(0.3)	39-09(1.9)			
6	David Onyemachi	11	Blaine	40-10.25	40-03.00		1.2	3	4
	36-02.50(0.7)	36-05.50(0.2)	38-10(1.2)	40-03(1.2)	39-05.50(2.0)	39-02(0.9)			
7	Elijah Tabla	12	Coon Rapids	40-00.00	40-01.00		0.1	3	3
	39-10.50(1.1)	40-01(0.1)	38-11.50(1.4)	40-00.25(0.3)	FOUL				
8	Michael Williams	11	Cambridge-Is	40-01.50	39-02.50		1.0	3	2
	36-11.50(1.0)	39-02(0.3)	37-02(+0.0)	39-02.50(1.0)	35-10(0.4)	37-00.50(0.2)			
9	Nathan Haglund	10	Andover	37-10.00	39-02.50		0.3	2	1
	38-00.25(0.9)	37-08(1.3)	38-10.75(1.1)	39-02.50(0.3)	39-01(1.3)	38-05.50(1.0)			
10	Caleb Prosper	11	Anoka	39-09.00	39-01.75		+0.0	2	
	FOUL	FOUL	39-01.75(+0.0)	FOUL					
11	Tristen Kiriago	11	Cambridge-Is	38-10.00	38-10.00		0.1	2	
	FOUL	37-02(1.1)	38-10(0.1)	FOUL	FOUL				
12	Fnan Zeresenay	10	Centennial	38-03.50	38-00.25		1.3	2	
	37-03.50(0.9)	38-00.25(1.3)	37-04(1.9)						
13	Marcus Larson	9	Andover	36-08.00	37-09.50		1.0	1	
	FOUL	FOUL	37-09.50(1.0)						
14	Trevian Aluka	10	Coon Rapids	36-08.00	37-06.75		0.2	1	
	FOUL	37-06.75(0.2)	34-03.75(0.5)						
15	Samuel Ashbaugh	12	Duluth East	35-03.00	37-04.00		+0.0	1	
	37-04(+0.0)	29-00.50(0.8)	30-09.50(1.2)						
16	Lukas Widmark	11	Andover	36-11.00	37-03.50		0.2	2	
	37-03.50(0.2)	35-10.25(1.2)	35-11(0.2)						
17	Zach Skubitz	12	Forest Lake	36-04.50	37-02.75		+0.0	1	
	36-08(0.9)	37-02.75(+0.0)	36-04.75(0.2)						
18	Jacob Danielson	12	Anoka	36-05.00	37-00.50		0.8	1	
	35-10.50(1.5)	34-00.50(+0.0)	37-00.50(0.8)						
19	Nicolas Jaen	10	Centennial	38-03.75	36-11.75		0.3	2	
	36-11.75(0.3)	36-09.75(0.3)	36-03.75(0.4)						
20	Max Meyer	11	Forest Lake	35-09.50	36-09.75		0.6	1	
	34-00(0.8)	36-02.75(0.2)	36-09.75(0.6)						
21	Alec Sullivan	12	Coon Rapids	37-02.00	35-03.00		1.1	2	
	FOUL	35-03(1.1)	34-07.25(1.1)						
22	Nathaniel Sanders	12	Forest Lake	34-02.00	33-01.00		0.8	1	
	FOUL	33-01(0.8)	33-00.50(1.1)						
23	Xander Zuech	9	Duluth East	35-01.00	32-02.50		0.2	1	
	32-02.50(0.2)	31-03.50(0.3)	FOUL						
--	Aidan Timmann	12	Cambridge-Is	38-04.50	DNS		NWI	2	

Boys Shot Put Class AAA

Section: S 62-06 2009 Casey Dehn, Owatonna									
53-06.00 QUAL State Qualifier									
Name	Year	School	Seed	Finals	H#	Points			
1	Andrew Edwards	12	Blaine	53-03.75	58-06.50	QUAL	3	12	
	55-04	55-02.25	57-02.75	57-10	56-01	58-06.50			
2	Timothy Ball	11	Centennial	51-11.25	50-07.75		3	10	
	49-03	FOUL	FOUL	49-00	49-06.50	50-07.75			
3	Gavin Ecker	12	Blaine	48-11.50	50-03.50		3	8	
	49-07.50	50-03	48-08	FOUL	49-09	50-03.50			
4	Howie Johnson	9	Forest Lake	49-11.25	50-03.00		3	6	
	44-07.25	49-11.50	FOUL	46-06	FOUL	50-03			
5	Ryan Steinhilber	12	Anoka	48-05.00	49-11.25		3	5	
	48-08.25	45-05.50	47-05.75	49-08.75	FOUL	49-11.25			
6	Trystian Miller	12	Forest Lake	51-11.00	49-09.25		3	4	
	47-03.50	49-09.25	FOUL	FOUL	FOUL	47-10.50			
7	Alexander Wimmer	11	Anoka	50-04.25	49-07.75		3	3	
	FOUL	FOUL	48-09.25	48-06.50	49-07.75	49-06			
8	Sam Dennis	11	Coon Rapids	47-09.00	49-01.75		2	2	
	FOUL	42-11.50	46-01.25	43-10	46-09.75	49-01.75			

9	Bailey Taylor	11	Andover	44-02.50	49-01.50	2	1
	43-04.50	44-04.75	42-09.25	49-01.50	47-05.50	FOUL	
10	Connor Bayerkohler	12	Blaine	45-07.00	45-09.50	2	
	45-09.50	42-08.50	44-07	FOUL	FOUL	45-00.75	
11	Jace Green	12	Andover	41-09.00	44-02.75	1	
	42-05	43-08.25	44-02.75				
12	Griffin Thom	12	Coon Rapids	45-05.25	43-08.25	2	
	43-08.25	42-02.25	43-04.50				
13	Jackson Copiskey	12	Centennial	44-00.75	42-11.00	2	
	FOUL	42-11	FOUL				
14	Hunter Wiitanen	11	Coon Rapids	41-03.25	42-09.50	1	
	39-05.25	41-02.25	42-09.50				
15	Josh Osei-Dankwah	10	Cambridge-Is	41-10.75	41-09.50	1	
	41-09.50	40-02	39-02.75				
16	Carter Svobodny	12	Duluth East	40-11.00	40-09.25	1	
	39-11.50	40-09.25	FOUL				
17	Brady Schubitzke	12	Duluth East	42-08.00	39-11.50	2	
	38-05.75	39-11.50	FOUL				
18	Alexander Froslee	12	Andover	43-04.00	39-05.50	2	
	FOUL	39-05	39-05.50				
19	Jack Diehl	11	Anoka	43-01.00	38-08.00	2	
	FOUL	FOUL	38-08				
20	Parker Dallek	12	Duluth East	39-06.50	38-03.75	1	
	35-06.25	36-10.50	38-03.75				
21	Logan Huss	11	Centennial	40-00.50	38-03.00	1	
	38-03	FOUL	38-03				
22	Boone Mulder	11	Cambridge-Is	35-04.75	35-04.25	1	
	35-04.25	34-02	34-05				
--	Ethan Lincoln-Mont	12	Forest Lake	48-02.50	FOUL	3	
	FOUL	FOUL	FOUL				
--	Everett Dee	12	Cambridge-Is	41-01.50	DNS	1	

Boys Discus Throw Class AAA

Section: S 188-08 2001 Karl Erickson, Rochester Century										
156-05 QUAL State Qualifier										
Name	Year	School	Seed	Finals	H#	Points				
1	Andrew Edwards	12	Blaine	167-00	162-07.00	QUAL	3	12		
	151-00	162-07	158-09	152-06	152-04	151-06				
2	Timothy Ball	11	Centennial	167-10	159-03.00	QUAL	3	10		
	159-03	156-03	FOUL	FOUL	FOUL	144-11				
3	John Ziebarth	12	Cambridge-Is	149-03	143-07.00		3	8		
	FOUL	127-09	FOUL	139-03	FOUL	143-07				
4	Carter Svobodny	12	Duluth East	139-02	141-10.00		3	6		
	120-00	134-06	121-08	135-00	118-03	141-10				
5	Trystian Miller	12	Forest Lake	132-04	136-03.00		3	5		
	110-03	114-07	136-03	122-04	FOUL	FOUL				
6	Hayden Skillings	10	Coon Rapids	128-00	127-06.00		2	4		
	FOUL	112-07	127-06	FOUL	107-11	121-00				
7	Logan Huss	11	Centennial	131-11	127-04.00		3	3		
	126-09	116-02	114-11	123-09	127-04	123-04				
8	Gavin Montgomery	10	Blaine	110-08	120-08.00		1	2		
	112-02	120-08	FOUL	112-02	112-08	FOUL				
9	Matthew Schwartz	12	Forest Lake	121-10	120-06.00		2	1		
	120-06	FOUL	FOUL	115-05	116-05	119-02				
10	AJ Lange	12	Blaine	123-04	119-01.00		2			
	118-09	FOUL	119-01	FOUL	FOUL	111-00				
11	Alexander Froslee	12	Andover	123-08	118-11.00		2			
	117-00	118-11	113-07							
12	Jay Ziebarth	10	Cambridge-Is	114-07	118-05.00		1			
	104-11	116-07	118-05							
13	Jack Diehl	11	Anoka	118-04	117-04.00		1			
	105-10	111-09	117-04							
14	Bailey Taylor	11	Andover	119-08	116-01.00		2			
	93-08	116-01	99-02							
15	Dominick Olson	9	Cambridge-Is	109-06	115-07.00		1			
	115-07	FOUL	107-08							
16	Matthew Eckart	12	Centennial	118-04	115-04.00		1			
	109-05	115-04	113-02							

17	Howie Johnson	9	Forest Lake	123-07	114-10.00	2
	114-10	FOUL	FOUL			
18	Alexander Wimmer	11	Anoka	120-00	114-08.00	2
	FOUL	114-08	FOUL			
19	Pete Gandah	11	Anoka	118-01	112-09.00	1
	112-09	102-08	108-09			
20	Blake Halleckson	12	Andover	132-02	111-02.00	3
	FOUL	111-02	FOUL			
21	Brady Schubitzke	12	Duluth East	118-00	108-03.00	1
	FOUL	108-03	99-02			
22	Jacoby Peterson	10	Coon Rapids	120-03	106-05.00	2
	FOUL	FOUL	106-05			
23	Preston Routh	11	Duluth East	103-07	104-11.00	1
	104-11	104-04	FOUL			
--	Sam Dennis	11	Coon Rapids	129-09	FOUL	3
	FOUL	FOUL	FOUL			